



St. Nicholas Catholic Primary School



Policy on Supporting Pupils with Medical Needs

Policy Written & Agreed:

Ratified by Full Governing Body:

To be reviewed:

September 2026

September 2027



St. Nicholas

Whole School Policy on Supporting Pupils with Medical Needs

This Medical Needs policy:-

- reflects the consensus of opinion of the whole staff;
- was discussed, written and agreed by the whole staff;
- has been approved by the Governing body.

The implementation and ownership of this policy is the responsibility of the whole staff.

The overall accountability and effectiveness of the policy will be the responsibility of the Executive Head Teacher and Senior Leadership Team.

At St. Nicholas Catholic Primary School, we take a professional approach to supporting pupils with medical needs. We believe that we should take all reasonable steps to ensure that any child with a medical need is able to continue their education, with minimal disruption.

As a Catholic school we regard every individual as unique and special in God's family. This medical needs policy is designed to support every member of our school community, taking into account their unique and special nature as part of God's family.

The governing body of St. Nicholas Catholic Primary School has a duty to ensure arrangements are in place to support pupils with medical conditions. The aim of this policy is to ensure that all pupils with medical conditions, in terms of both physical and mental health, receive appropriate support allowing them to play a full and active role in school life, remain healthy, have full access to education (including school trips and physical education) and achieve their academic potential.

St. Nicholas School believes it is important that parents/carers of pupils with medical conditions feel confident that the school provides effective support for their child's medical condition, and the pupil's feel safe in the school environment.

There are also social and emotional implications associated with medical conditions. Pupils with medical conditions can develop emotional disorders, such as self-consciousness, anxiety and depression, and be subject to bullying. This policy aims to minimise the risks of pupils experiencing these difficulties.

Long-term absences as a result of medical conditions can affect educational attainment, impact integration with peers, and affect wellbeing and emotional health. This policy contains procedures to minimise the impact of long-term absence and effectively manage short-term absence.

Some pupils with medical conditions may be considered to be disabled under the definition set out in the Equality Act 2010. The school has a duty to comply with the Act in all such cases.

In addition, some pupils with medical conditions may also have Special Educational Needs and/or Disabilities (SEND) and have an Education, Health and Care (EHC) plan collating their health, social and SEND provision. For these pupils, compliance with the DfE's 'Special educational needs and disability code of practice: 0 to 25 years' and the school's SEN Policy will ensure compliance with legal duties.

To ensure that the needs of our pupils with medical conditions are fully understood and effectively supported, we consult with health and social care professionals, pupils and their parents/carers.

1.0 Legislative framework

1.1 This policy has due regard to legislation including, but not limited to:

- The Children and Families Act 2014
- The Education Act 2002
- The Education Act 1996 (as amended)
- The Children Act 1989
- The NHS Act 2006
- The Equality Act 2010
- The Health and Safety at Work etc. Act 1974
- The Misuse of Drugs Act 1971
- The Medicines Act 1968
- The School Premises (England) Regulations 2012 (as amended)
- The Special Educational Needs and Disability Regulations 2014

1.2 This policy also has due regard to the following guidance:

- DfE (2015) 'Special educational needs and disability code of practice: 0-25 years'
- DfE (2015) 'Supporting pupils at school with medical conditions'
- DfEE (2000) 'First aid in schools'
- Ofsted (2015) 'The common inspection framework: education, skills and early years'

2.0 The role of the Governing Body

2.1 The governing body:

- Is legally responsible for fulfilling its statutory duties under legislation.
- Ensures that arrangements are in place to support pupils with medical conditions.
- Ensures that pupils with medical conditions can access and enjoy the same opportunities as any other child at the school.
- Works with the LA, health professionals, commissioners and support services to ensure that pupils with medical conditions receive a full education.
- Ensures that, following long-term or frequent absence, pupils with medical conditions are reintegrated effectively.
- Ensures that the focus is on the needs of each pupil and what support is required to support their individual needs.
- Instils confidence in parents/carers and pupils in the school's ability to provide effective support.
- Ensures that all members of staff are properly trained to provide the necessary support and are able to access information and other teaching support materials as needed.
- Ensures that no prospective pupil is denied admission to the school because arrangements for their medical condition have not been made.
- Ensures that pupils' health is not put at unnecessary risk. As a result, it holds the right to not accept a pupil into school at times where it would be detrimental to the health of that pupil or others to do so, such as where the child has an infectious disease.
- Ensures that policies, plans, procedures and systems are properly and effectively implemented.

3.0 The role of the Head Teacher

3.1 The Head Teacher:

- Ensures that this policy is effectively implemented with partners.
- Ensures that all staff are aware of this policy and understand their role in its implementation.
- Ensures that a sufficient number of staff are trained and available to implement this policy and deliver against all individual healthcare (IHC) plans, including in emergency situations.
- Considers recruitment needs for the specific purpose of ensuring pupils with medical conditions are properly supported.
- Has overall responsibility for the development of IHC plans.
- Ensures that staff are appropriately insured and aware of the insurance arrangements.
- Contacts the school nursing service where a pupil with a medical condition requires support that has not yet been identified.

4.0 The role of parents/carers

4.1 Parents/carers:

- Notify the school if their child has a medical condition.
- Provide the school with sufficient and up-to-date information about their child's medical needs.
- Are involved in the development and review of their child's IHC plan.
- Carry out any agreed actions contained in the IHC plan.
- Ensure that they, or another nominated adult, are contactable at all times.

5.0 The role of pupils

5.1 Pupils:

- Are fully involved in discussions about their medical support needs.
- Contribute to the development of their IHC plan.
- Are sensitive to the needs of pupils with medical conditions.

6.0 The role of school staff

6.1 School staff:

- May be asked to provide support to pupils with medical conditions, including the administering of medicines, but are not required to do so.
- Take into account the needs of pupils with medical conditions in their lessons when deciding whether or not to volunteer to administer medication.
- Receive sufficient training and achieve the required level of competency before taking responsibility for supporting pupils with medical conditions.
- Know what to do and respond accordingly when they become aware that a pupil with a medical condition needs help.

7.0 The role of the school nurse

7.1 The school nurse:

- At the earliest opportunity, notifies the school when a pupil has been identified as having a medical condition which requires support in school.
- Supports staff to implement IHC plans and provides advice and training.
- Liaises with lead clinicians locally on appropriate support for pupils with medical conditions.

8.0 The role of clinical commissioning groups (CCGs)

8.1 CCGs:

- Ensure that commissioning is responsive to pupils' needs, and that health services are able to cooperate with schools supporting pupils with medical conditions.
- Make joint commissioning arrangements for education, health and care provision for pupils with SEND.
- Are responsive to LAs and schools looking to improve links between health services and schools.
- Provide clinical support for pupils who have long-term conditions and disabilities.
- Ensure that commissioning arrangements provide the necessary ongoing support essential to ensuring the safety of vulnerable pupils.

9.0 The role of other healthcare professionals

9.1. Other healthcare professionals, including GPs and paediatricians:

- Notify the school nurse when a child has been identified as having a medical condition that will require support at school.
- Provide advice on developing IHC plans.
- May provide support in the school for children with particular conditions, e.g. asthma, diabetes and epilepsy.

10.0 The role of providers of health services

10.1 Providers of health services co-operate with the school, including ensuring communication, liaising with the school nurse and other healthcare professionals, and participating in local outreach training.

11.0 The role of the LA

11.1 The LA:

- Commissions school nurses for local schools.
- Promotes co-operation between relevant partners.
- Makes joint commissioning arrangements for education, health and care provision for pupils with SEND.
- Provides support, advice and guidance, and suitable training for school staff, ensuring that IHC plans can be effectively delivered.
- Works with the school to ensure that pupils with medical conditions can attend school full-time.

11.2 Where a child is away from school for 15 days or more (whether consecutively or across a school year), the LA has a duty to make alternative arrangements, as the pupil is unlikely to receive a suitable education in a mainstream school.

12.0 The role of Ofsted

12.1 Ofsted inspectors will consider how well the school meets the needs of the full range of pupils, including those with medical conditions.

12.2 Key judgements are informed by the progress and achievement of pupils with medical conditions, alongside pupils with SEND, and also by pupils' spiritual, moral, social and cultural development.

13.0 Admissions

13.1 No child is denied admission to the school or prevented from taking up a school place because arrangements for their medical condition have not been made.

13.2 A child may only be refused admission if it would be detrimental to the health of the child to admit them into the school setting.

14.0 Notification procedure

14.1 When the school is notified that a pupil has a medical condition that requires support in school, the school nurse team informs the Head Teacher. Following this, the school begins to arrange a meeting with parents/carers, healthcare professionals and the pupil, with a view to discussing the necessity of an IHC plan (outlined in detail in section 18).

14.2 The school does not wait for a formal diagnosis before providing support to pupils. Where a pupil's medical condition is unclear, or where there is a difference of opinion concerning what support is required, a judgement is made by the Head Teacher based on all available evidence (including medical evidence and consultation with parents/carers).

14.3 For a pupil starting at the school in a September uptake, arrangements are in place prior to their introduction and informed by their previous institution.

14.4 Where a pupil joins the school mid-term or a new diagnosis is received, arrangements are put in place within two weeks.

15.0 Staff training and support

15.1 Any staff member providing support to a pupil with medical conditions receives suitable training.

15.2 Staff do not undertake healthcare procedures or administer medication without appropriate training.

15.3 Training needs are assessed by the school nurse through the development and review of IHC plans, on a termly basis for all school staff, and when a new staff member arrives.

15.4 Through training, staff have the requisite competency and confidence to support pupils with medical conditions and fulfil the requirements set out in IHC plans. Staff understand the medical condition(s) they are asked to support, their implications, and any preventative measures that must be taken.

15.5 The school nurse confirms the proficiency of staff in performing medical procedures or providing medication.

15.6 A first-aid certificate does not constitute appropriate training for supporting pupils with medical conditions.

- 15.7 Whole school awareness training is carried out on a termly basis for all staff, and included in the induction of new staff members.
- 15.8 The school nurse identifies suitable training opportunities that ensure all medical conditions affecting pupils in the school are fully understood, and that staff can recognise difficulties and act quickly in emergency situations.
- 15.9 Training is commissioned by the Head Teacher and provided by the following bodies:
 - NHS
 - The school nurse team
- 15.10 Parents/carers of pupils with medical conditions are consulted for specific advice and their views are sought where necessary, but they will not be used as a sole trainer.
- 15.11 The governing body will provide details of further continuing professional development opportunities for staff regarding supporting pupils with medical conditions.

16.0 Self-management

- 16.1 Following discussion with parents/carers, pupils who are competent to manage their own health needs and medicines are encouraged to take responsibility for self-managing their medicines and procedures. This is reflected in their IHC plan.
- 16.2 Where possible, pupils are allowed to carry their own medicines and relevant devices.
- 16.3 Where it is not possible for pupils to carry their own medicines or devices, they are held in suitable locations that can be accessed quickly and easily.
- 16.4 If a child refuses to take medicine or carry out a necessary procedure, staff will not force them to do so. Instead, the procedure agreed in the pupil's IHC plan is followed. Following such an event, parents/carers are informed so that alternative options can be considered.
- 16.5 If a child with a controlled drug passes it to another child for use, this is an offence and appropriate disciplinary action is taken in accordance with our Drugs and Alcohol Policy.

17.0 Supply teachers and staff absence

- 17.1 Supply teachers are:
 - Provided access to this policy.
 - Informed of all relevant medical conditions of pupils in the class they are providing cover for.
 - Covered under the school's insurance arrangements.

18.0 Clinical Care Plans – Formerly known as Individual healthcare (IHC) plans

- 18.1 The school, healthcare professionals and parent/carer(s) agree, based on evidence, whether a Clinical Care Plan is required for a pupil, or whether it would be inappropriate or disproportionate. If no consensus can be reached, the Head Teacher makes the final decision.
- 18.2 The school, parent/carer(s) and a relevant healthcare professional work in partnership to create and review Clinical Care Plans. Where appropriate, the pupil is also involved in the process.
- 18.3 Clinical Care Plans include the following information:
 - The medical condition, along with its triggers, symptoms, signs and treatments.
 - The pupil's needs, including medication (dosages, side effects and storage), other treatments, facilities, equipment, access to food and drink (where this is used to manage a condition), dietary requirements and environmental issues.
 - The support needed for the pupil's educational, social and emotional needs.
 - The level of support needed, including in emergencies.
 - Whether a child can self-manage their medication.
 - Who will provide the necessary support.
 - The training needs, expectations of the role and who will confirm the supporting staff member's proficiency to carry out the role effectively.
 - Cover arrangements for when the named supporting staff member is unavailable.
 - Who needs to be made aware of the pupil's condition and the support required.
 - Arrangements for obtaining written permission from parents/carers and the Head Teacher for medicine to be administered by school staff or self-administered by the pupil.

- Separate arrangements or procedures required during school trips and activities.
- Where confidentiality issues are raised by the parent/carer(s) or pupil, the designated individual to be entrusted with information about the pupil's medical condition.
- What to do in an emergency, including contact details and contingency arrangements.

- 18.4 Where a pupil has an emergency healthcare plan prepared by their lead clinician, this is used to inform the Clinical Care Plan.
- 18.5 Clinical Care Plans are easily accessible to those who need to refer to them, but confidentiality is preserved.
- 18.6 Clinical Care Plans are reviewed on at least an annual basis, or when a child's medical circumstances change, whichever is sooner.
- 18.7 Where a pupil has an education, health and care (EHCP) plan or special needs statement, the Clinical Care Plan is linked to it or becomes part of it.
- 18.8 Where a child has SEND but does not have a statement or EHCP, their SEND should be mentioned in their Clinical Care Plan.
- 18.9 Where a child is returning from a period of hospital education, alternative provision or home tuition, we work with the LA and education provider to ensure that their Clinical Care Plan identifies the support the child needs to reintegrate.

19.0 Managing medicines

- 19.1 Medicines are only administered at school when it would be detrimental to a pupil's health or school attendance not to do so.
- 19.2 Pupils under 16 years of age are not given prescription or non-prescription medicines without their parent/carer's written consent – except where the medicine has been prescribed to the pupil without the parent/carer's knowledge. In such cases, the school encourages the pupil to involve their parents/carers, while respecting their right to confidentiality.
- 19.3 Non-prescription medicines may be administered in the following situations:
- When it would be detrimental to the pupil's health not to do so
 - When instructed by a medical professional
- 19.4 No pupil under 16 years of age is given medicine containing aspirin unless prescribed by a doctor.
- 19.5 Pain relief medicines are never administered without first checking when the previous dose was taken and the maximum dosage allowed.
- 19.6 Parents/carers are informed any time medication is administered that is not agreed in an IHC plan.
- 19.7 The school only accepts medicines that are in-date, labelled, in their original container, and that contain instructions for administration, dosage and storage. The only exception to this is insulin, which must still be in-date, but is available in an insulin pen or pump, rather than its original container.
- 19.8 All medicines are stored safely. Pupils know where their medicines are at all times and are able to access them immediately, whether in school or attending a school trip/residential visit. Where relevant, pupils are informed who holds the key to the relevant storage facility.
- 19.9 When medicines are no longer required, they are returned to parents/carers for safe disposal. Sharps boxes are always used for the disposal of needles and other sharps.
- 19.10 Controlled drugs are stored in a non-portable container and only named staff members have access; however, these drugs are easily accessed in an emergency. A record is kept of the amount of controlled drugs held and any doses administered.
- 19.11 The school holds asthma inhalers for emergency use. The inhalers are stored in **The Resources Room** and their use is recorded.
- 19.12 Staff may administer a controlled drug to a child for whom it has been prescribed. They must do so in accordance with the prescriber's instructions.
- 19.13 Records are kept of all medicines administered to individual children – stating what, how and how much was administered, when and by whom. A record of side effects presented is also held.

20.0 Record keeping

- 20.1 In accordance with paragraphs 19.10, 19.11, 19.12 and 19.13, written records are kept of all medicines administered to children.
- 20.2 Proper record keeping protects both staff and pupils and provides evidence that agreed procedures have been followed.
- 20.3 Appropriate forms for record keeping can be found in **APPENDIX B** of this policy.
 - Medical Information Form
 - Administration of Over the Counter (OTC) Medicine in School Parents Consent Form
 - Administration of Prescribed Medicine in School Parents Consent Form
 - Record of Medication Administered Form – Office Use Only

21.0 Emergency procedures

- 21.1 Medical emergencies are dealt with under the school's emergency procedures.
- 21.2 Where an Clinical Care Plan is in place, it should detail:
 - What constitutes an emergency.
 - What to do in an emergency.
- 21.3 Pupils are informed in general terms of what to do in an emergency, such as telling a teacher.
- 21.4 If a pupil needs to be taken to hospital, a member of staff remains with the child until their parents/carers arrive.
- 21.5 When transporting pupils with medical conditions to medical facilities, staff members are informed of the correct postcode and address for use in navigation systems.

22.0 Day trips, residential visits and sporting activities

- 22.1 Pupils with medical conditions are supported to participate in school trips, sporting activities and residential visits. Teachers will carry the **RED MEDICAL BAG** with them.
- 22.2 Prior to an activity taking place, the school conducts a risk assessment to identify what reasonable adjustments should be taken to enable pupils with medical conditions to participate. In addition to a risk assessment, advice is sought from pupils, parents/carers and relevant medical professionals.
- 22.3 The school will arrange for adjustments to be made for all pupils to participate, except where evidence from a clinician, such as a GP, indicates that this is not possible.

23.0 Unacceptable practice

- 23.1 The school will never:
 - Assume that pupils with the same condition require the same treatment.
 - Prevent pupils from easily accessing their inhalers and medication.
 - Ignore the views of the pupil and/or their parents/carers.
 - Ignore medical evidence or opinion.
 - Send pupils home frequently for reasons associated with their medical condition, or prevent them from taking part in activities at school, including lunch times, unless this is specified in their IHC plan.
 - Send an unwell pupil to the medical station or school office alone or with an unsuitable escort.
 - Penalise pupils with medical conditions for their attendance record, where the absences relate to their condition.
 - Make parents/carers feel obliged or forced to attend school to administer medication or provide medical support, including for toilet issues. The school will ensure that no parent/carer is made to feel that they have to give up working because the school is failing to support their child's needs.
 - Create barriers to children participating in school life, including school trips.
 - Refuse to allow pupils to eat, drink or use the toilet when they need to in order to manage their condition.

24.0 Liability and indemnity

- 24.1 The governing body ensures that appropriate insurance is in place to cover staff providing support to pupils with medical conditions.
- 24.2 The school holds an insurance policy covering liability relating to the administration of medication. The policy has the following requirements:
- All staff must have undertaken appropriate training.
- 24.3 The school holds an insurance policy covering healthcare procedures. The policy has the following requirements:
- All staff must have undertaken appropriate training.
- 24.4 All staff providing such support are provided access to the insurance policies.
- 24.5 In the event of a claim alleging negligence by a member of staff, civil actions are most likely to be brought against the school, not the individual.

25.0 Complaints

- 25.1 Parents/carers or pupils wishing to make a complaint concerning the support provided to pupils with medical conditions are required to speak to the school in the first instance.
- 25.2 If they are not satisfied with the school's response, they may make a formal complaint via the school's complaints procedure.
- 25.3 If the issue remains unresolved, the complainant has the right to make a formal complaint to the DfE.
- 25.4 Parents/carers and pupils are free to take independent legal advice and bring formal proceedings if they consider they have legitimate grounds to do so.

26.0 Home-to-school transport

- 26.1 Arranging home-to-school transport for pupils with medical conditions is the responsibility of the LA.
- 26.2 Where appropriate, the school will share relevant information to allow the LA to develop appropriate transport plans for pupils with life-threatening conditions.

27.0 Defibrillators

- 27.1 The school currently has two defibrillators.
One located indoors in the Main Entrance corridor
One located outside in the storage cabinet – Code: C159X

Policy Written & Agreed:
Ratified by Full Governing Body:
To be reviewed:

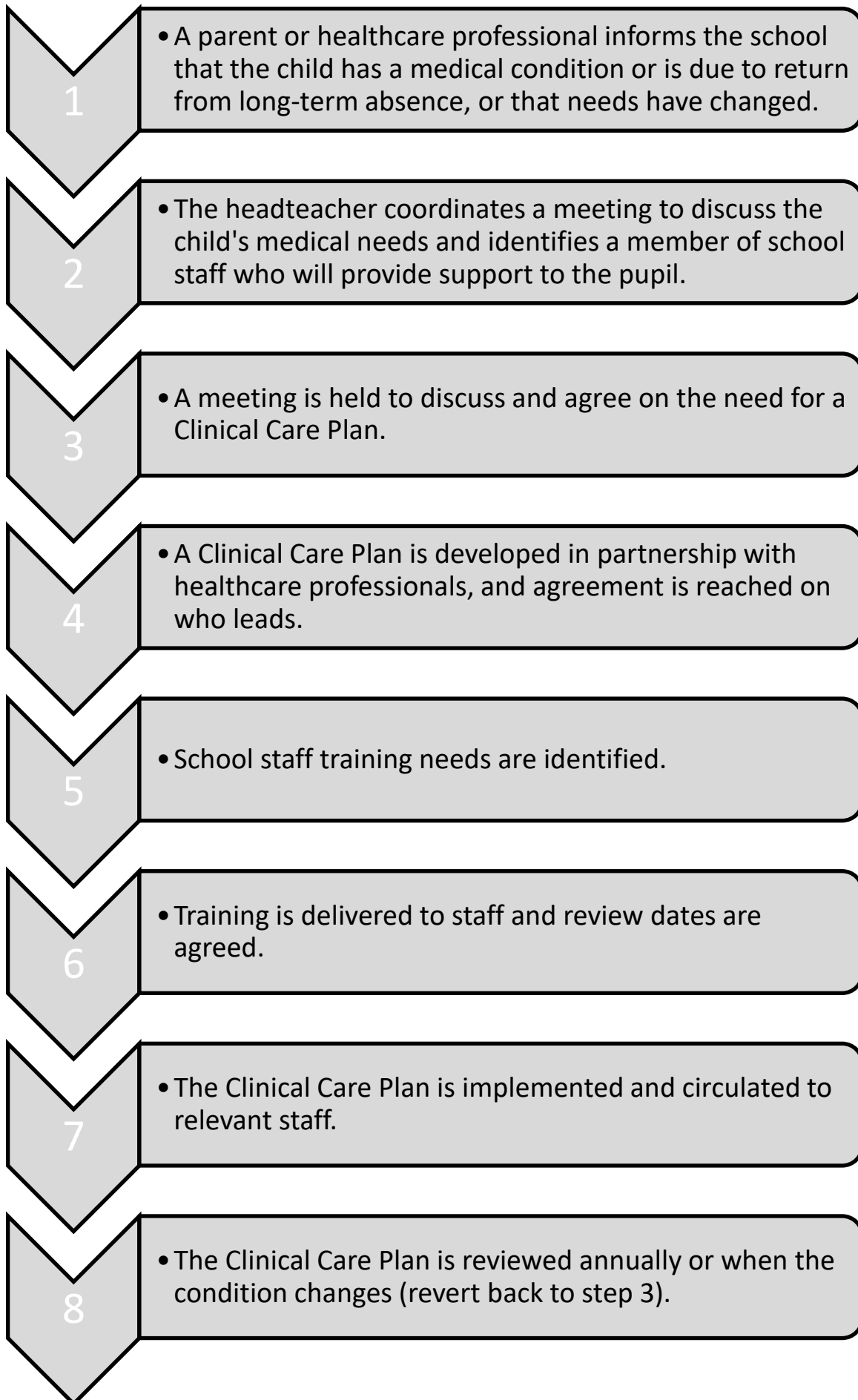


September 2026

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APPENDIX A

Clinical Care Plan Implementation Procedure





St. Nicholas Catholic Primary School

Jockey Road, Sutton Coldfield B73 5US

E: enquiry@stnicholassutton.org.uk

T: 0121 355 2649

W: www.stnicholassutton.org.uk

Executive Principal: Mr N. Porter

Head of School: Mrs C. Noble-Barton

Together with Christ we love, live and learn.

Medical Information Form

Please complete and return this form to school so we can ensure the information we have for your child is up to date.

Name _____ Class _____

Medical Condition _____

Medication _____

Treatment _____

If there are any changes to your child's medical requirements during the school year, please notify us immediately.

Sign _____ Date _____

Thank you.



St. John Paul II Multi Academy

Registered Office: c/o Sacred Heart Catholic Primary School, Earlsbury Gardens, Birmingham B20 3AE

E: enquiry@sjp2.net | T: 0121 354 6270 | W: johnpaulii.co.uk

Chief Executive Officer (CEO): Miss T. Cotter

Company House Registered No. 08706247





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Parental/carers consent to administer an 'over-the-counter' (OTC) medicine

- All over the counter (OTC) medicines must be in the original container.
- A separate form is required for **each medicine**.

Child's name	
Child's date of birth	
Class/form	
Name of medicine	
Strength of medicine	
How much (dose) to be given. For example: One tablet One 5ml spoonful	
At what time(s) the medication should be given	
Reason for medication	
Duration of medicine Please specify how long your child needs to take the medication for	
Are there any possible side effects that the school needs to know about? If yes, please list them	

I give permission for my son/daughter to carry and administer their own medication in accordance with the agreement of the school and medical staff.	Yes	
	No	
	Not applicable	

Mobile number of parent/carers	
Daytime landline for parent/carers	
Alternative emergency contact name	
Alternative emergency phone no.	
Name of child's GP practice	
Phone no. of child's GP practice	

- I give my permission for the Headteacher (or his nominee) to administer the OTC medicine to my son/daughter during the time he/she is at school. I will inform the school immediately, in writing, if there is any change in dosage or frequency of the medication or if the medicine is no longer needed.
- I understand that it may be necessary for this medicine to be administered during educational visits and other out of school activities, as well as on the school premises.
- I confirm that the dose and frequency requested is in line with the manufacturers' instructions on the medicine.
- I also agree that I am responsible for collecting any unused or out of date medicines and returning them to the pharmacy for disposal. If the medicine is still required, it is my responsibility to obtain new stock for the school.
- The above information is, to the best of my knowledge, accurate at the time of writing.

Parent/carers name	
Parent/carers signature	
Date	



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Parental/carer consent to administer a prescribed medicine

- All prescribed medicines must be in the original container as dispensed by the pharmacy, with the child's name, the name of the medicine, the dose and the frequency of administration, the expiry date and the date of dispensing included on the pharmacy label.
- A separate form is required for **each medicine**.

Child's name	
Child's date of birth	
Class/form	
Name of medicine	
Strength of medicine	
How much (dose) to be given. For example: One tablet One 5ml spoonful	
At what time(s) the medication should be given	
Reason for medication	
Duration of medicine Please specify how long your child needs to take the medication for.	
Are there any possible side effects that the school needs to know about? If yes, please list them	

I give permission for my son/daughter to carry their own salbutamol asthma inhaler/Adrenaline auto injector pen for anaphylaxis [delete as appropriate].	Yes	
	No	
	Not applicable	
I give permission for my son/daughter to carry their own salbutamol asthma inhaler and use it themselves in accordance with the agreement of the school and medical staff.	Yes	
	No	
	Not applicable	
I give permission for my son/daughter to carry and administer their own medication in accordance with the agreement of the school and medical staff.	Yes	
	No	
	Not applicable	

Mobile number of parent/carers	
Daytime landline for parent/carers	
Alternative emergency contact name	
Alternative emergency phone no.	
Name of child's GP practice	
Phone no. of child's GP practice	

- I give my permission for the headteacher (or his nominee) to administer the prescribed medicine to my son/daughter during the time he/she is at school. I will inform the school immediately, in writing, if there is any change in dosage or frequency of the medication or if the medicine is stopped.
- I understand that it may be necessary for this medicine to be administered during educational visits and other out of school activities, as well as on the school premises.
- I also agree that I am responsible for collecting any unused or out of date medicines and returning them to the pharmacy for disposal and supplying new stock to the school, if necessary.
- The above information is, to the best of my knowledge, accurate at the time of writing.

Parent/carers name	
Parent/carers signature	
Date	



ST. NICHOLAS CATHOLIC PRIMARY SCHOOL



Record of Medication Form

Name of Pupil: _____

Date: _____ Class: _____

Name and Strength of Medication: _____

Dose and Frequency of Medication: _____

Head Teacher Authorisation: _____ Date: _____

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Date Received			
Quantity Received			
Quantity Returned			
Staff Signature			
Print Name			

Date Given												
Time Given												
Dose Given												
Staff Signature												
Print Name												